

## My occupational health insurance (OHI)

### MyHealthBudget

Hardly anything in life is more important than good health. How nice it is to know that you are well protected. With MyHealthBudget, we ensure that you receive excellent benefits and the best medical care. And what's more: You decide for yourself what keeps you healthy and makes you healthy!



### How your OHI – your individual premium protection – works



1

Your employer has agreed an annual **"health budget"** of EUR 300 with us.

2

We reimburse the costs for **the benefits listed below** up to a budget of EUR 300 per year.

### Well-covered all round – these are the benefits provided by your OHI



#### Visual aids

Glasses and contact lenses, max. EUR 180 p. a.

#### Surgical correction of visual acuity

e.g. laser surgery



#### Natural therapies

With alternative medicine practitioners and doctors (e.g. chiropractic, chiropractic, osteopathy)<sup>1</sup>



#### Medicines, remedies and aids

Prescribed medicines/dressings, remedies and aids including co-payments



#### Dental check-ups and treatments

Including for fillings, root and periodontal treatments as well as additionally max. EUR 80 p. a. for professional tooth cleaning and bleaching



#### Dentures

Dentures, inlays and implants incl. SHI benefits



### Our strong benefits – your advantages

- ✓ 100% reimbursement within your "health budget".
- ✓ Great health services for you and your whole family.
- ✓ Cover for ongoing and advised treatments from the start of insurance.

- ✓ Your employer pays the premiums.
- ✓ Without any medical examinations or waiting periods: Protection from day one.
- ✓ Easy continuation of private insurance in the event of a change of employer or retirement without medical examination.



<sup>1</sup>Alternative medicine practitioners: Within the framework of the scale of fees for alternative medicine practitioners, doctors: Benefits of the "Hufelandverzeichnis" according to the German Scale of Medical Fees.



# Important health services for you and your family<sup>1</sup>



## 24/7 medical hotline

By independent experts – in suitable cases\*



## 24/7 medical video consultation

Digital consultation with a general practitioner or specialist – in suitable cases\*



## Specialist referrals

Prompt appointments with a specialist near you – without long waiting periods



## Allianz relieves pain

Fast assistance, e. g. for back, knee or shoulder problems



## 24/7 Allianz nursing assistance

Comprehensive support in the case of long-term care of a family member – at any time and even at your home

Curious? You can find access to your services and interesting information related to health at: [gesundheitswelt.allianz.de/bkv](https://gesundheitswelt.allianz.de/bkv)

## Invoice submission made easy!

Fast, safe, cost-saving and environmentally friendly – with the Allianz Gesundheits-App.

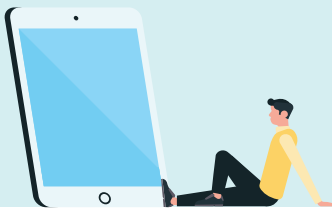
You will receive an invoice and settle it.



You will submit the invoice – conveniently via the Allianz Gesundheits-App or by post.



You will receive a refund – usually within a few days if you use the app.



It is best to register directly in the app and get additional access to all services!

## § Good to know



### How long does my insurance cover last?

You have full health protection for as long as you are employed by your employer and the OHI is in place. Your OHI ends if you change employer, retire or have your 70th birthday. Our offer for you: You can continue your insurance privately.

### Where can I find all the details about MyHealthBudget?

For a more detailed overview of your insurance, please refer to the benefit information sheet. You will receive this when your employer registers you for OHI. The current insurance terms and conditions at the time of conclusion of the contract contain all binding contract contents. You can check these with your employer.

<sup>1</sup>Family members are, for example, spouses and partners, children or parents, grandparents and parents-in-law.

\*A case is suitable if personal medical contact is not required according to generally recognized professional standards.

For example: simple symptoms such as skin changes (itching / redness) or general questions about health care.

All services are currently valid (as of March 2022). Individual services may be discontinued, supplemented, or amended in the future.



## Do you have any questions?

Your personal agent would be happy to help you. If you have any questions about the benefits, please call our service hotline: 08 00 5 89 33 96, available Mon to Fri 8:00 a.m. – 8:00 p.m.

We are there when it matters.