

Preventive healthcare
worth around
1,900 euros



Your Allianz Preventive Healthcare checklist

Being and staying healthy is so important! Regular preventive medical check-ups go a long way to achieving this. With your occupational health insurance (OHI), we offer you comprehensive benefits for your preventive healthcare – and many excellent services for your health.



Decide together

- Take this checklist with you to your next preventive medical check-up.
- Together with your doctor, you decide which check-ups are right for you.



Extensive benefits

- Allianz will reimburse you for all benefits listed on the back for preventive medical check-ups.¹ Medical bills in the event of illness are not reimbursable.
- You can claim the benefits up to the maximum number stated within two consecutive calendar years (annually in the case of pregnancy care).



Simple reimbursement

- You receive an invoice and settle it.
- You conveniently submit the invoice via our Allianz Health App. Or by post.
- You will receive a refund – usually within a few days if you use the app.



Enhanced cancer screening



Cardio-vascular screening



Pregnancy care



Athletes' screening



Supplementary medical check-ups



Any questions?
We're here for you
– whenever you need us.

If you have any questions about your OHI, your personal agent would be happy to help you. For questions about the benefits, please call our service hotline: **0800 589 33 96**, available Mon to Fri, 8:00 a.m. – 8:00 p.m.


You can find all the information about the app and many valuable health services for you and the whole family² online at: gesundheitswelt.allianz.de/bkv

1 If benefits are used or additional GOÄ numbers are billed that are not listed in the Preventive Healthcare checklist, these must be billed via the respective SHI/PHI scheme or they must be paid privately.
2 Family members are, for example, spouses and partners, children or parents, grandparents and parents-in-law.



We are more than just insurance. We are a strong, reliable partner at your side. Because it's about your health!

→ You can note the date of the medical check-up in the field **“examination date”**. You can make use of the benefits again in the calendar year after next (for prenatal care, in the following calendar year).

	Examination date	Your options	Reimbursable GOÄ numbers ¹ (important for your doctor)
Value approx. 820 euros  Enhanced cancer screening	Cancer screening for women	Ultrasound of up to 4 organs	410, 420 (max. 3 times), 403
		Ultrasound of mammary glands	418 (max. 2 times)
		Mammography	5266 (max. 2 times), 5298
		ThinPrep test including removal and preparation of smear material	297, A4851
	Cancer screening for men	Ultrasound of up to 4 organs	410, 420 (max. 3 times), 403
		Blood sampling and PSA test	250, 3908.H3
	Bowel cancer screening	Colonoscopy, including preparatory examinations and sedation as well as involved polyp removal, including histological examinations ²	11, 250, 253, 3550, 3607, 602, 687, 5298, 442, 695, 4800 (max. 6 times) or 4801 (max. 1 time) or 4802 (max. 6 times) or 4810 (max. 6 times) or 4811 (max. 6 times), 4815 (max. 6 times)
		Fecal occult blood test	3500
		M2PK stool test	4062
	Bladder cancer screening	NMP22 test or other suitable test methods, e.g. UBC Rapid Test	A3908
Skin cancer screening	Skin examination	7	
	Dermatoscopy or video-assisted mole examination	A612 or 750	
Internal medicine check-up	Medical check-ups for the early detection of diseases	29	
	Ultrasound of up to 4 organs	410, 420 (max. 3 times)	
	Extensive lab check, including blood sampling	250, lab results ³	
Heart check-up	Ultrasound scan of the heart	424	
	Heart rate variability measurement	A636	
	Long-term blood pressure measurement	654	
	Resting, stress and long-term ECG	651, 652, 659	
Vascular check-up	Ultrasound scan of blood vessels supplying the brain	410, 420 (max. 3 times), 401, 645	
	Pulse-wave passage time	637	
Pregnancy care	Enhanced ultrasound scan of the foetus	A1006	
	First trimester screening	250, 4024, 4044 or 250, 3743, 4024, 4027	
	Cytomegalo Virus, Toxoplasma gondii	250, 4378, 4453	
	Streptococci Type B	298, 4500	
Athletes' Screening	Check-up of the supporting and locomotor system	7	
	Treadmill analysis	A838	
	Lactate ischemia test (five-time determination of lactate levels)	250, 4107	
Glaucoma screening	Ocular examination	6	
	Ocular fundus examination	1240 or 1242	
	Intraocular pressure measurement	1256	
Pulmonary function examination	Examination of the pulmonary and respiratory capacity (spirometry)	605	
	Flow volume curve during spirographic examinations	A605	
Osteoporosis check	Bone density measurement	5380 or 5475	

1 The GOÄ numbers (German Scale of Medical Fees) are important billing information for your doctor. Of course, we will also cover the costs of the consultation for each check-up (GOÄ numbers 1 or 3). For consultation and sonography benefits, the respective billing provisions of the GOÄ must be observed.

2 We also reimburse medicine for colon cleansing and the related doctor's expenses as well as for immunohistological examinations under the GOÄ numbers A4815 (max. 2 times) and 4815 (max. 4 times).

3 Lab results: Blood count and blood components (3550), calcium (3555), potassium (3557), sodium (3558), glycated haemoglobins (3561), cholesterol, HDL and LDL (3562.H1, 3563.H1, 3564.H1), triglycerides (3565.H1), uric acid (3583.H1), creatinine (3585.H1), gamma GT (3592.H1), GOT (3594.H1), GPT (3595.H1), TSH basal (4030), vitamin D (4138 or 4139).