

Your occupational health insurance (OHI)

Your plan: Preventive Healthcare Extra

healthy^x – an extra portion of health

Work and private life can sometimes be quite demanding. It's good when there are things you don't have to worry about. With Preventive Healthcare Extra, we ensure that you can maintain a balance between your professional and private life, stay healthy and avoid getting ill.



Well-covered all round – these are the benefits provided by your OHI



Health courses

E.g. to manage stress, for nutrition, exercise or addiction prevention

So that you can actively shape your health.



Protective and travel vaccinations

E.g. flu, yellow fever and malaria prophylaxis

So you can travel without worries.



Telephone coaching for mental stress

with occupational stress, e.g. conflict management

For a more balanced life.



As a supplement to the basic benefits of the statutory health insurance (SHI).



Our strong benefits – your advantages

- Up to EUR 250 per year for certain protective and travel vaccinations (e.g. for yellow fever or as malaria prophylaxis) and for up to two health courses.
- Three-month telephone coaching by specialists once a year.
- Health services for your life and the whole family.
- Your employer pays the premiums.
- Without any medical examinations or waiting periods: Protection from day one.
- Easy continuation of insurance in the event of a change of employer or retirement without medical examination.



We are more than just insurance. We are a strong, reliable partner at your side. Because it's about your health!

Our health services for you and your family¹



Allianz relieves pain

Fast assistance, e.g. for back, knee or shoulder problems



24/7 medical hotline

From independent experts – over the phone around the clock



24/7 medical video consultation

Digital consultation with a general practitioner or specialist – around the clock



Specialist referrals

Prompt appointments with a specialist near you – without long waiting periods

Curious? We have many more health services for you.
You can also find all the information online at: gesundheitswelt.allianz.de/bkv

Invoice submission made easy! Smart, fast and secure with the Allianz Health App. Because life should be as simple as possible.

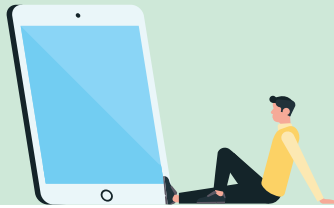
Receive and settle invoice



Conveniently submit via our Allianz Health App or by post



You will receive a refund – usually within a few days if you use the app



Good to know

How can I access coaching over the phone?

Our customer service team will be happy to help you by telephone and explain everything in detail. You will also receive your login details there. Simply call 0800 589 33 96.

Do I have to pay attention to anything when I submit invoices for health courses?

If you have SHI, you first submit your bill directly to your health insurance fund. You will then receive a reimbursement note from your health insurance company. This can be sent to us conveniently via our Allianz Health App or by post.

How long does my insurance cover last?

You have full health protection for as long as you are employed by your employer and the OHI is in place. Your OHI ends if you change employer, retire or have your 70th birthday. Our offer for you: You can continue your insurance privately in plans with similar benefits.

Where can I find all the details about Preventive Healthcare Extra?

For a more detailed overview of your insurance, please refer to the benefit information sheet. You will receive this when your employer registers you for OHI. The current insurance terms and conditions at the time of conclusion of the contract contain all binding contract contents. You can check these with your employer.

¹ Family members are, for example, spouses and partners, children or parents, grandparents and parents-in-law. All services are currently valid (as of May 2021). Individual services may be discontinued, supplemented, or amended in the future.



Do you have any questions?

Your personal agent would be happy to help you. If you have any questions about the benefits, please call our service hotline: 0800 589 33 96, available Mon to Fri 8:00 a.m. – 8:00 p.m.

Always there for you when it counts: