

## My occupational health insurance (OHI)

### My Preventive Healthcare module

Being and staying healthy is so important! Regular preventive medical check-ups go a long way to achieving this. With the Preventive Healthcare plan, we offer you far more comprehensive prevention benefits than in the statutory health insurance (SHI). So you always feel good in all respects.



Well-covered all round – these are the **benefits** provided by your OHI



#### Enhanced cancer screening

For women and men:  
Bowel, bladder and skin cancer screening



#### Cardiovascular screening

Internal medicine check-up, heart and vascular check-up



#### Pregnancy care

Including first trimester screening and enhanced ultrasound of the foetus



#### Athletes' screening plan

Including treadmill analysis and lactate ischemia test



#### Supplementary medical check-ups

Glaucoma screening, pulmonary function examination, osteoporosis check



#### Statutory benefits often only offer basic protection

(e. g. colonoscopy for women aged 55 and over and men aged 50 and over – only once every 10 years, internal medicine check-up from the age of 35 – every 3 years, pregnancy care: Basic ultrasonic examinations – 3 x per pregnancy)



### Our strong benefits – your advantages

- ✓ 100% for various preventive medical check-ups worth around EUR 1,900 within 2 calendar years.
- ✓ Regular health check-ups every 2 years, even annually in the case of pregnancy care.
- ✓ Great health services for you and your whole family.
- ✓ Your employer pays the premiums.
- ✓ Without any medical examinations or waiting periods: Protection from day one.
- ✓ No minimum age for check-ups.
- ✓ Easy continuation of private insurance in the event of a change of employer or retirement without medical examination.



We are a strong, **reliable partner at your side**. Because it's about your health!  
**healthy<sup>x</sup> – an extra portion of health**

# Important health services for you and your family<sup>1</sup>



## 24/7 medical hotline

By independent experts – in suitable cases\*



## 24/7 medical video consultation

Digital consultation with a general practitioner or specialist – in suitable cases\*



## Specialist referrals

Prompt appointments with a specialist near you – without long waiting periods



## Allianz relieves pain

Fast assistance, e. g. for back, knee or shoulder problems



## 24/7 Allianz nursing assistance

Comprehensive support in the case of long-term care of a family member – at any time and even at your home

Curious? You can find access to your services and interesting information related to health at:  
[gesundheitswelt.allianz.de/bkv](https://gesundheitswelt.allianz.de/bkv)

## Invoice submission made easy!

Fast, safe, cost-saving and environmentally friendly – with the Allianz Gesundheits-App.

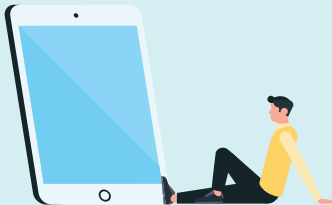
You will receive an invoice and settle it.



You will submit the invoice – conveniently via the Allianz Gesundheits-App or by post.



You will receive a refund – usually within a few days if you use the app.



It is best to register directly in the app and get additional access to all services!



## § Good to know

### Which examinations are reimbursed?

We have summarised all your insurance benefits for you in a preventive healthcare checklist. You will receive this when your employer registers you for OHI. The checklist immediately shows your doctor which preventive medical check-ups are covered by us. Other treatments not listed in the checklist will not be covered.

### How long does my insurance cover last?

You have full health protection for as long as you are employed by your employer and the OHI is in place. Your OHI ends if you change employer, retire or have

your 70th birthday. Our offer for you: You can continue your insurance privately in plans with similar benefits.

### Where can I find all the details about Preventive Healthcare?

For a more detailed overview of your insurance, please refer to the benefit information sheet. You will receive this when your employer registers you for OHI. The current insurance terms and conditions at the time of conclusion of the contract contain all binding contract contents. You can check these with your employer.

<sup>1</sup> Family members are, for example, spouses and partners, children or parents, grandparents and parents-in-law.

\* A case is suitable if personal medical contact is not required according to generally recognized professional standards.

For example: simple symptoms such as skin changes (itching / redness) or general questions about health care.

All services are currently valid (as of March 2022). Individual services may be discontinued, supplemented, or amended in the future.



## Do you have any questions?

Your personal agent would be happy to help you. If you have any questions about the benefits, please call our service hotline: 08 00 5 89 33 96, available Mon to Fri 8:00 a.m. – 8:00 p.m.

We are there when it matters.