

Valuable family benefits.



MeinGesundheitsschutz – with great benefits for you and your family

Your health and that of your family is valuable and deserves reliable protection. Rely on the care you deserve: Whether for the doctor, dentist or hospital: When it comes to your health, you need flexible and effective health insurance that meets the needs of you and your family.¹

No premiums for 6 months for your policy

You can apply for a temporary exemption from premiums for your policy

- if you receive parental allowance in accordance with the Federal Parental Allowance and Parental Leave Act,
- or if you take parental leave in accordance with the Federal Parental Allowance and Parental Leave Act, but are not entitled to parental leave for the entire duration of the parental leave. This applies up to 24 months after the birth of your child.

This requires that you be insured for at least 8 consecutive months in a MeinGesundheitsschutz plan.

No premiums for 6 months for child supplementary insurance

In the event of conditional supplementary insurance of a child (including adoption), the month of birth and 6 subsequent months are exempt from premiums.

Maternity allowance

In the MeinGesundheitsschutz Best plan, we pay you a maternity allowance of 3,000 euros for a home birth.

The lump sum is paid at the birth of each child. A multiple birth is considered one birth.

¹ Note: This information provides you with an overview of the coverage. Your insurance cover is stipulated by the current insurance conditions at the time the policy is taken out.

Childcare allowance

If your child is sick and has to be cared for, we will compensate your loss of earnings at the amount of the agreed allowance:

- **MeinGesundheitsschutz Best plan:** 100 euros/day per child up to 15 days p.a.
- **MeinGesundheitsschutz Plus plan:** 50 euros/day per child up to 15 days p.a.

If several children need to be cared for at the same time, we pay the allowance once. The childcare allowance applies to children up to 12 years old. The age limit does not apply if the child is disabled and dependent on assistance.

This requires that the parent carer and the sick child be insured under a MeinGesundheitsschutz plan.

Home help

We will reimburse services for home help, for example if you are unable to continue running your household after an operation:

- **MeinGesundheitsschutz Best plan:** up to 100 euros/day up to 30 days p.a.
- **MeinGesundheitsschutz Plus plan:** up to 50 euros/day up to 30 days p.a.

In certain circumstances, we also pay household help for longer.

Payment of home help requires that no other person in the same home can continue to run the household.

Early delivery

We will reimburse 100% of the costs up to the maximum amount accepted by the statutory health insurance.

Alternative practitioner benefits

We reimburse services provided by alternative practitioners:

- **MeinGesundheitsschutz plan:** 100% of costs up to EUR 2,000 p.a.
- **MeinGesundheitsschutz Plus plan:** 100% of costs up to EUR 1,000 p.a.

In our health portal, you will find helpful advice and a wide range of services for medical support for you and your family.



Online pregnancy support:

Consultations, preparing for birth and postnatal courses online



Parent Coach:

Personal companion with different offers for all lifespans from baby age to puberty



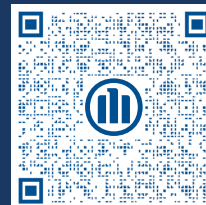
Children's relaxation app:

Digital training for mental health



Online speech therapy for children:

Varied and child-friendly articulation app



All information on family health can be found at gesundheitswelt.allianz.de/familiengesundheit or by scanning the QR code

For the most valuable thing you have – your health. Let us advise you – we are happy to help. In person or at allianz.de/pkv



Go to the Gesundheits-App: gesundheitswelt.allianz.de/app



Always there for you when you need us: